

Geriatric Health Service Facility *"Mitsugi-no-Sono"* 

Tel (0848)76-0373 Fax (0848)76-3018 Special Nursing Home for the Elderly

"Fureai"

Tel (0848)76-2415 Fax (0848)76-2414 **Rehabilitation Center** 

Attached to the Comprehensive Health and Welfare Facility

Tel (0848)76-2418 Fax (0848)76-3010 Care House *"Satsuki"* Tel (0848)76-3060 Group Home *"Kaede"* 

Tel (0848)76-2569

Geriatric Care and Welfare Service Facility "Mitsugi-No-Sono" Mitsugi-No-Sono is a geriatric care and welfare service facility founded in 1989. It can accommodate up to 150 short- and long-term inpatients including 70 general beds, 30 beds for the demented and 50 in the unit wards, as well as up to 40 clients for the day care service. The facility provides rehabilitation in daily life skills and individualized care so that patients with stable medical conditions can live at home.

Hoping to return home in the future, those discharged from hospitals and who have difficulties living at home are engaged in rehabilitation. After returning home, they can visit here for respite care service (short-term stays) and daytime and nighttime rehabilitation and care.

Mitsugi-No-Sono is associated with the Rehabilitation Center attached to the Comprehensive Health and Welfare Facility and collaborates with the Mitsugi General Hospital. The attached Care Plan Center "Fureai," a designated community-based home care support center, provides care management service for the elderly who live at home as part of the comprehensive community care system. Mitsugi-No-Sono also supports the adjacent Care House "Satsuki" by trying to prevent its members from becoming bedridden or confining themselves in doors.

- •Capacity 150 people
- Structure Reinforced concrete one-story building Floor space: 6,452.832 m<sup>2</sup>
- •Wards General ward: 23 rooms (6 private rooms, 2 double rooms and 15 rooms for four) Special ward for the demented: 17 rooms (4 single rooms and 13 double rooms) 5 unit wards: 50 single rooms

The floor space per capita is 11.7  $\rm m^2$ . Other than the wards, the Home also has a dining and multi-use room, examination room, functional training room, ordinary and special bathrooms, communication room, day room, sunroom, and room for patients' family members to take lessons in caretaking.

 Attached Care Plan Center "Fureai" facility



Fureai is a Specilal Nursing Home for the Elderly which accomodates bedridden patients and patients who have dementia. They cannot receive adequate care at home because they need constant nursing. The Home is a division of the Comprehensive Health and Welfare Facility and run by the Mitsugi General Hospital. A small-unit ward has been added to the Home to create a comfortable living space where each and every patient can live a happy and active life.

- Capacity 100 people including 20 in the new unit ward
- Structure Reinforced concrete two-story building Floor space: 4,502.39  $m^2$
- Wards 46 rooms (18 rooms for four and 28 single rooms, including 20 single rooms in the new unit ward)
- Healthcare Nurses constantly monitor the patients' health. Depending on their health condition, doctors from the associated Mitsugi General Hospital examine the patients and take necessary measures.

Attached Day Service Center

Special Nursing

"Fureai"

Home for the Elderly





This Center provides daily care and functional training to the elderly who live at home depending on their remaining abilities and based on care service plans for them in order to maintain and improve their mental and physical functions and to lessen their family members' mental and physical burden.



20 people

Structure

Reinforced concrete one-story building Floor space: 376.70  $m^2$ 



Rehabilitation Center attached to the Comprehensive Health and Welfare Facility The Rehabilitation Center provides intentional functional recovery training (for the maintenance period) including physical therapy (PT), occupational therapy (OT) and speech, language and hearing therapy (ST) to both inpatients and outpatients. In April 2000, 19 beds were added for inpatients who need rehabilitation.

The Center also provides rehabilitation service to the residents of the Special Nursing Home for Elderly, Fureai and the geriatric care and welfare Service facility Mitsugi-No-Sono, and day-care and day-service clients. In addition, the Center implements training and counseling in rehabilitation for local people and care home workers.

Opening hours

Monday through Friday: 8:30 a.m.- 5:00 p.m. First, third and fifth Saturdays: 8:30 a.m.- 0:30 p.m.

- Mental, physical and social functional recovery training for outpatients and inpatients (in 19 beds)
- PT (Physical Therapy)

Walking and other kinetic training to recover physical functions damaged due to a cerebral stroke or other reasons

## OT (Occupational Therapy)

Various work and activities such as handicraft, group activities and daily performance training to recover mental and physical functions

## ST (Speech, Language and Hearing Therapy)

Systematic, individualized training and music therapy and other group training to recover speech and communication ability and eating and swallowing function





The House tries to provide daily care and a safe, healthy and happy life to elderly who have difficulties in living at home due to family or housing reasons. Clients can receive care and home care services of the adjacent Comprehensive Medical and Welfare Facility to live an independent life.

Capacity 30 people

• Structure Reinforced concrete four-story building Floor space: 1,499.08 m<sup>2</sup>

- 27 rooms (3 suites consisting of Japanese- and Western-style rooms for two, 15 Japanese-style single rooms and 9 Western-style rooms)
  - The geriatric care and welfare service facility Mitsugi-No-Sono; Care Plan Center Fureai; Onomichi Mitsugi Health and Welfare Center; Visiting Nurse Station Mitsugi, Center for Senile Dementia; Rehabilitation Center attached to the Comprehensive Health and Welfare Facility; Special nursing home Fureai; Day Service Center; Group Home Kaede; Northern Onomichi Centralized Home Care Support Center; Human Resource Development Center; Wide Area Support Center for Regional Rehabilitation; and Home Help Station

 Associated hospital

Wards

Associated

facilities

Mitsugi General Hospital



## 1. 42 - 22 4<sup>7</sup> 4 42 - 22 4<sup>7</sup> 5 42 - 22 4<sup>7</sup>

Group Home "Kaede" Elderly with dementia who do not need complicated care live with care workers and share daily tasks such as cooking, cleaning and washing. Those with dementia who have been certified as in need of support or long-term care under the long-term care insurance are eligible to live here.

Life in a homey environment with familiar faces help clients to feel safe and keep a peaceful mind and stable physical condition, leading to less behavioral disorders.

- Capacity
  Structure
  - / 18 people

Reinforced concrete one-story building Floor space: 778.19  $\text{m}^2$ 

Wards



## **Comprehensive Health and Welfare Facility**

As a comprehensivel facility that provides a whole range of healthcare, medical and welfare services, the facility consists of Geriatrc Care and Welfare Service Facility Mitsugi-No-Sono; Special nursing home for the Elderly Fureai; Rehabilitation Center attached to the Comprehensive Health and Welfare Facility; Care House Satsuki; Group Home Kaede; and Wide Area Support Cetner for Regional Rehabilitation. Based on the Mitsugi General Hospital's philosophy "to provide comprehensive community medical care (establishment of comprehensive community care system) and to create a citizen oriented hospital", the above facilities collaborate with each other to effectively play their roles and integrate healthcare, medicine and welfare to establish the comprehensive community care system.



